

# Outside Activity

Created by: Thorne Nature Experience



## Nature Mandala

A mandala is a geometric pattern, often a in a circle, that, in some cultures, represents the universe! Examples of mandala patterns can be found all around us in nature (snowflakes, tree rings, flowers) and it's easy to make your own!

The key to making a nature mandala is to find multiple items that look similar to one another so you can create a repeating pattern that radiates outward. A nature mandala can be made of any items you find outside including rocks, sticks, leaves and flowers!

While making your nature mandala, be sure to only use materials that follow the important DDD (dead, down and decomposing) rule!

### Steps:

1. Collect natural items
2. Arrange in a circular pattern
3. Step back and enjoy your masterpiece

