

MAY IDEAS!



- 1. Roll down a hill
- 2. Sit outside and write 2 letters to friends and family
- 3. Find a stick, decide what it could transform into
- 4. Dance outside
- 5. Eat dinner outside
- 6. Watch wildlife from a safe distance
- 7. Find a neat rock
- 8. Make a bird's nest
- 9. Find a track from an animal
- 10. Play hopscotch
- 11. Go on a butterfly hunt
- 12. Make a fairy house
- 13. Fly a kite
- 14. Draw a nature scene with chalk
- 15. Go on a walk

Visit www.outsideeverydaychallenge.org for more activity ideas!

