









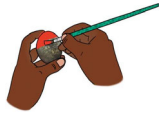


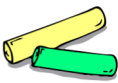














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<p>1</p> <p>Say "thank you" to 5 things outside</p> 	<p>2</p> <p>Find something outside that is soft</p> 	<p>3</p> <p>Collect 6 different kinds of rocks</p> 	<p>4</p> <p>Dance in the rain</p> 	<p>5</p> <p>Start a nature journal</p> 	<p>6</p> <p>Eat lunch outside</p> 	<p>7</p> <p>Sit quietly in nature</p> 
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<p>8</p> <p>Create a leaf rubbing</p> 	<p>9</p> <p>Find something spikey</p> 	<p>10</p> <p>Find the scat of an animal</p> 	<p>11</p> <p>Paint a rock</p> 	<p>12</p> <p>Create an obstacle course using only natural items</p>	<p>13</p> <p>Find something yellow outside</p>	<p>14</p> <p>Walk outside bare-foot</p> 
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<p>15</p> <p>Find the track of an animal</p> 	<p>16</p> <p>Draw a nature scene with chalk</p> 	<p>17</p> <p>Skip a rock</p> 	<p>18</p> <p>Go on a walk</p> 	<p>19</p> <p>Watch the sun set</p> 	<p>20</p> <p>Find something pink outside</p>	<p>21</p> <p>Listen to a bird sing</p> 
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<p>22</p> <p>Balance on a fallen down log</p> 	<p>23</p> <p>Bask on a rock like a snake in the sun</p>	<p>24</p> <p>Make a map of your neighborhood</p> 	<p>25</p> <p>Read a book under a tree</p> 	<p>26</p> <p>Dance outside</p> 	<p>27</p> <p>Find an aquatic insect</p> 	<p>28</p> <p>Draw a plant</p> 
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<p>29</p> <p>Make a potion</p> 	<p>30</p> <p>Find something outside that makes you smile</p> 
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JUNE

