

Outside Activity

Created by: Thorne Nature Experience



Biodiversity List and “Micro Hike”

The term “biodiversity” refers to the variety of different life forms in a certain area. How biodiverse is your own backyard? Let’s find out!

1. Pick an outdoor location to go on a “micro hike,” such as your backyard, front yard, or nearby park.
2. Bring something you can use to record what you see. You can write or draw – or even take pictures on your phone!
3. Using a piece of string, a few pencils, the side of a paper, or even your shoe, lay down a line to follow in the grass or the dirt that’s about a foot long.
4. Get down close to the ground and follow the line, recording everything that you find! You can use a small hand shovel, sharp rock, or sturdy stick to help you dig in the dirt to find even more life!

Try this in a few different types of outdoor places and see what differences you observe. Do some places have more biodiversity than others?