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# AUGUST



1 Make a shelter out of sticks



2 Read a book under a tree



3 Sit quietly in nature



4 Play I SPY outside



5 Go on a bug hunt



6 Make a bird's nest



7 Find something outside that is purple

8 See what's hiding under a rock



9 Eat dinner outside



10 Mimic your favorite animal

11 Find the track of an animal



12 Make words or pictures using items from nature

13 Make a mud pie



14 Find the scat of an animal



15 Eat lunch outside



16 Find a neat rock



17 Say "thank you" to 5 things outside



18 Watch the sun set



19 Roll down a hill



20 Find something in nature that makes you smile

21 Find something spikey



22 Walk outside barefoot

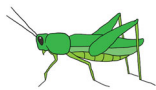


23 Use a compass to find your way



24 Find something outside that is red

25 Make a tiny home for an insect



26 Find something outside that is soft



27 Chase a butterfly



28 Find a stick, what could it transform into?



29 Make a musical instrument using materials from nature



30 Brew sun tea



31 Dance outside



Post your photos online using #OutsideEveryDay

